Care for a quick face lift? Try a Japanese Head Spa

Here, nobody knows what a Head Spa is...

Just because you don't see it, doesn't mean you can ignore it.

All the rage in Japan, Head Spas focus on the scalp and hair. Yoko's Haute Coiffure & b-yu Head Spa in North Vancouver has been offering tailored Vidal Sassoon hair cuts and Head Spa services for two years. Salon owner, Mika Ozeki-Saunderson has set up luxury state-of-the-art salon chairs and equipment crucial to offering a unique Japanese Head Spa experience.

Aside from targeting Hair loss, Dry scalp, Oily scalp, Flaky scalp, bad looking hair and overall wellbeing, it has another intriguing benefit: By improving blood and lymphatic drainage through massage and exfoliation, a Head Spa treatment can feel like a non-surgical facelift. Afterwards the face looks more vibrant and radiant, as though you had a very good night sleep. When the scalp is toned and strengthened it pulls up the face.

The Head Spa begins with a microscopic scalp analysis, followed by a scalp 'optimizing' treatment using essential oils. The entire treatment combines various massaging and shampooing techniques tailored to your needs.

A 65-minute b-yu Signature Head Spa is \$145, and a 35-minute b-yu Mini Head Spa \$85.

Client Testimonials:

"This is a gem of a salon on Lower Lonsdale located just minutes away from the Seabus. The atmosphere is soothing – from the music to the complimentary green tea to the ergonomically designed chairs for hair washing. Both Mika and Yoko are serious about their profession and regularly attend Vidal Sassoon training sessions in New York, London and San Francisco to stay au courant . You will get an inspired and unique haircut that will turn heads." *M.L.*



"The b-yu Head Spa treatment is very pleasant and relaxing. Over the course of several treatments, my hair is softer, fuller and with a healthy shine. My scalp no longer feels tight and itchy and has a much more healthy appearance. I highly recommend this treatment." C.R.



"After the Head Spa, my husband who is usually oblivious to my beauty regimes even noticed that my face looked more luminous and radiant!!" A.S.





BENEFITS OF A HEAD SPA:

- Prevents hair loss and thinning hair and promotes healthy hair growth
- Releases stress and tightness all over the body
- Relieves scalp/hair problems
- Stimulates lymph and blood flow throughout the face and body for anti-aging effects similar to a face lift or facial.



Mika had been always interested in the "physical-psychological health" aspect of the beauty industry. She graduated from the University of British Columbia with a major in French Literature. Having a diploma in Traditional Chinese Medicine and being a licensed Shinso Therapist - Japanese Body Realignment. Mika pursued her cosmetology license in 2004 and perseveres her bi-annual training at the Vidal Sassoon Academy in London, England. Her family had been running a successful salon business in West Vancouver for over 30 years, which recently relocated to The Pinnacle in Lower Lonsdale bringing innovative ideas to a new salon concept.